

## Upcoming Events

-Yaremko Seniors Club Coffee Time – 10am-1pm on Sundays, 9am-11am on Tuesdays and 3:30-6:30pm on Thursdays @ Tangent Cultural Centre

-Morning Coffee – 7-9:30am Mon.-Fri. @ Birch Hills Senior Centre

-Walk & Talk – 10am-2pm on Mondays, Wednesdays, Fridays @ SR Centennial Hall. Ends May 5<sup>th</sup>.

-TOPS – 8:30-9:30am on Mondays @ Birch Hills Seniors Centre

-Ladies' Fitness & Weight Classes – 7:30am on Tuesdays and Thursdays @ COCO Hall

-TOPS – 9:30-10:30am on Tuesdays @ SR Happy Hour Club. Weigh-ins 8:30-9:20am.

-Fit Walk – 7-9pm on Tuesdays @ Woking Community Hall. Ends May 16<sup>th</sup>.

-Drop-In Quilting – 10am on Wednesdays @ Birch Hills Senior Centre

-Drop-In Quilting – 10am-5pm on Wednesdays @ Rycroft Merry Pioneers Senior Centre

-Court Whist Tournament – 1pm on Wednesdays @ SR Happy Hour Club

-Bingo – 7pm on Wednesdays @ Birch Hills Seniors Centre

-Drop In Shuffleboard – 2pm on Fridays at Rycroft Merry Pioneers Senior Centre

-Eaglesham Soccer Registration / First Night – 6:30-7:15pm on May 4 @ Eaglesham Fairgrounds

-Home Alone Safety – 9am-3pm on May 6 @ Eaglesham Seniors Centre

-Spring Scurry Run / Walk – 9:30am on May 6 @ Watino

-Spring Work Bee – 10am-12pm on May 6 @ Spirit River & District Museum

-Spring BBQ – 7:30pm on May 6 @ Gordondale Hall

*Events continued on next page...*

# COMMUNITY CONNECT



## Minor baseball set for opening day

The Rycroft Baseball Association is looking forward to another season of action on the ball diamonds for local youths.

President of minor ball, DJ Barbarich explains that although the group has been strong in previous years, this is the first official year for the association.

“The weather was not that great last spring, but it was our first year with a full schedule for all teams.

Teams had a 7-week schedule with at least one game a week”, Barbarich said.

This season is full – there are over 20 volunteers and the registration had to be

capped at 83 participants. Currently there are 5 or 6 teams, with peewee, bantam, rookie and rally cap divisions represented.

“We are looking forward to the fact that we have the most volunteers ever – 15 confirmed at the AGM – so there is tons of interest and we are excited to be organized and hopefully have some decent weather.” Barbarich added.

The Rage plays in a league that includes Fairview, Manning, Peace River, Grimshaw and High Prairie. Weather depending, the season typically begins near the beginning of May and runs to the end of the school

year or end of June.

The Rage peewee team has a good shot at Provincials this year – there has been a core group on that team that has been improving over the years. There is also a deal with the Rycroft School that will have the baseball diamond there upgraded in order to facilitate more playing time and space.

The Rage meets Monday through Thursday nights in Rycroft. There are always opportunities for volunteers to come and help out and to share the fun and enthusiasm of baseball.

Practices are scheduled to begin on May 8<sup>th</sup>.

## Busy season ahead for aquatic centre

Despite the recent snow and cooler temperatures, things are heating up at the outdoor pool in Spirit River.

The Richardson Pioneer Central Peace Aquatic Centre is celebrating its 5<sup>th</sup> season since undergoing extensive renovations. Staff and volunteers of the facility are looking forward to a busy summer.

Recreation Manager Darryl Triebner is pleased with all the hard work that has led up to this point. “Our main priority is to hire and train more staff to help meet

demand. We are now starting to reap the benefits of being able to train locally, as we recently gained the ability to train Lifeguards and Swim Instructors in-house last year. We are anticipating having more Lifeguards and Swim Instructors on staff, which means less days where a waiting list system is used and the possibility of afternoon swimming lessons in August.” Triebner said.

Advanced aquatics courses are planned for June (Red Cross Water Safety Instructor) and July / August (Bronze Medallion. Bronze Cross.

National Lifeguard). are excellent certificates to have when looking for off-season work as well.

“Aquatic facilities are always looking for flexible staff with an aquatics background.” Triebner included. “Plus, working as a Lifeguard and Swim Instructor is one of the most rewarding jobs you can have while still focusing on other aspects of life such as studying or saving up for school / travel.”

Registration for swimming lessons and advanced aquatics opens May 1<sup>st</sup>.

**Events Cont'd...**

- Primitive Lane's Last Name Workshop – 6-9pm on May 8 @ COCO Hall.
- Community Kitchen – 9-11am on May 11 @ Rycroft Community Hall
- Mother's Day Market – 12-6pm on May 11 @ Rycroft Ag Centre
- Community Kitchen – 11am-1:30pm on May 12 @ SR Centennial Hall
- Babysitting First Aid Course – 9am-4pm on May 13 @ Eaglesham School
- Mommy & Me Paint Night – 5-9pm on May 13 @ Rycroft Community Hall
- Mother's Day Breakfast Buffet – 11am-2pm on May 14 @ Dolly's (Eglesham)
- Richard & Debra's Comedy / Famous Rock n' Roll of the 40s, 50s & 60s – 7-9pm on May 14 @ Rycroft Merry Pioneers
- Potluck Supper – 6pm on May 29 @ Eaglesham Social Centre

**Word Scramble ☺**

- RSWLFOE \_\_\_\_\_
- GUYADLB \_\_\_\_\_
- EOTMRH \_\_\_\_\_
- KGNIBI \_\_\_\_\_
- BLALSEBA \_\_\_\_\_
- UNHSIESN \_\_\_\_\_
- TRLFETUBY \_\_\_\_\_

This newsletter is a community project supported by the Central Peace Health & Wellness Coalition and the Town of Spirit River.

For more information, to subscribe to receive the Community Connect via email, or if you would like to submit info, please call 780-864-9771 or email [recmanager@townofspiritrive.ca](mailto:recmanager@townofspiritrive.ca).

**Scouts do a spring sweep**

It's that wonderful time of year – the birds are returning, the snow is melting and the Spirit River Scouts are picking up trash in and around the puddles and snowbanks in Spirit River.

Once the snow melts it leaves behind cups, plastic bags and various other trash items. The Scouts take advantage of the warmer temperatures and go out in full force with garbage bags, gloves and a sharp eye.

**Give the Gift of Play**

A little paint can make a big difference. The Central Peace Health & Wellness Coalition (CPHAWC) is supplying the gift of physical activity and is looking for volunteers to help.

Emerging research suggests using painted lines on playground tarmac surfaces can be an effective and low - cost way to help increase moderate to vigorous activity levels in children.

Developed by the University of Calgary's Faculty of Kinesiology to help celebrate

"We are community-focused. We believe that giving back to the community is a great way to show the Scouts the importance of volunteering in your community and being environmentally responsible." Scouter Cora Rose said.

This year's Spring Clean-Up yielded 8 extra-large (and heavy) garbage bags from March 29<sup>th</sup> and April 5<sup>th</sup> – just days before a heavy spring snowfall blanketed the region. Great work, Scouts!

the U of C's 50<sup>th</sup> anniversary, the Gift of Play is a kit complete with playground stencils, spray paint and game instructions.

Four square, hopscotch, bullseye toss, left-right-out, and random circles are the available stencils, with variations that could include games like triangle tag, wall ball and dozens more.

For more information or to register for the Gift of Play, please email [recmanager@townofspiritrive.ca](mailto:recmanager@townofspiritrive.ca).

**Celebrate May Day at Dunvegan Park's Matta Fest**

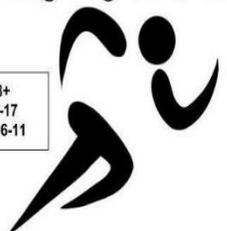
It has been a long winter. The crocuses and pussy willows are out and it is time to celebrate! Matta Fest is a free, all-weather community celebration of spring and mother nature held at Dunvegan National Historic Site of Canada on the first Sunday of May (May 7<sup>th</sup> this year) since 1999.

Opening circle is 11:00am but the vendors are set up by 10:30am, Closing

send-off circle is at 4:00pm. This festival has an 'ish' time schedule so stay for the day if you want to catch it all.

Aside from the opening and closing circles things occur as the mood flows. There is Maypole weaving, drumming (bring a drum if you have one), belly dance, circle dance, Tai Chi, food vendors, juggling, music jamming, arts and crafts, puppetry,

**Moonshine Fun Run/Walk**  
**Sunday May 28th, 2017**



\$25 - Adults 18+  
 \$15 - Youth 12-17  
 \$10 - Children 6-11

2.5km run/walk  
 OR  
 5km run/walk

*Happy Hour Seniors Club*

**TEA – BAKE – GARAGE SALE**

11am-3pm on Friday May 12 at the Happy Hour Seniors Club in Spirit River.

*Alberta Prevents Cancer*

**Community Cancer Prevention & Screening Dashboard Presentation**

THURS MAY 4<sup>th</sup> – 7:00 PM

Spirit River Centennial Hall Refreshments served.

**EVERYONE IS WELCOME**

healing, laughter, magic and a playful time for all! Nature images adorn the festival site and a central pine cone labyrinth is there for all to enjoy. Come join the fun! :)

Dunvegan National Historic Site of Canada is located between Rycroft and Fairview on Highway 2 on the Peace River. For more information on this event, please call (780) 765-2141 or search for Friends of Matta Fest on Facebook.